Structural Basis of Integrin Regulation and Signaling

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Abstract

Integrins are cell adhesion molecules that mediate cell-cell, cell–extracellular matrix, and cell-pathogen interactions. They play critical roles for the immune system in leukocyte trafficking and migration, immunological synapse formation, costimulation, and phagocytosis. Integrin adhesiveness can be dynamically regulated through a process termed inside-out signaling. In addition, ligand binding transduces signals from the extracellular domain to the cytoplasm in the classical outside-in direction. Recent structural, biochemical, and biophysical studies have greatly advanced our understanding of the mechanisms of integrin bidirectional signaling across the plasma membrane. Large-scale reorientations of the ectodomain of up to 200 Å couple to conformational change in ligand-binding sites and are linked to changes in α and β subunit transmembrane domain association. In this review, we focus on integrin structure as it relates to affinity modulation, ligand binding, outside-in signaling, and cell surface distribution dynamics.
INTRODUCTION

The immune system relies heavily on integrins for (a) adhesion during leukocyte trafficking from the bloodstream, migration within tissues, immune synapse formation, and phagocytosis; and (b) signaling during costimulation and cell polarization. Integrins are so named because they integrate the extracellular and intracellular environments by binding to ligands outside the cell and cytoskeletal components and signaling molecules inside the cell. Integrins are noncovalently associated heterodimeric cell surface adhesion molecules. In vertebrates, 18 α subunits and 8 β subunits form 24 known αβ pairs (Figure 1). This diversity in subunit composition contributes to diversity in ligand recognition, binding to cytoskeletal components and coupling to downstream signaling pathways. Immune cells express at least 10 members of the integrin family belonging to the β2, β7, and β1 subfamilies (Table 1). The β2 and β7 integrins are exclusively expressed on leukocytes, whereas the β1 integrins are expressed on a wide variety of cells throughout the body. Distribution and ligand-binding properties of the integrins on leukocytes are summarized in Table 1. For reviews, see References 1 and 2. Mutations that block expression of the β2 integrin subfamily lead to leukocyte adhesion deficiency, a disease associated with severe immunodeficiency (3).

As adhesion molecules, integrins are unique in that their adhesiveness can be dynamically regulated through a process termed inside-out signaling or priming. Thus, stimuli received by cell surface receptors for chemokines, cytokines, and foreign antigens initiate intracellular signals that impinge on integrin cytoplasmic domains and alter adhesiveness for extracellular ligands. In addition, ligand binding transduces signals from the extracellular domain to the cytoplasm in the classical outside-in direction (outside-in signaling). These dynamic properties of integrins are central to their proper function in the immune system. Indeed, mutations or small molecules that stabilize either the inactive state or the active adhesive state—and thereby block the adhesive dynamics of leukocyte integrins—inhibit leukocyte migration and normal immune responses.

INTEGRIN α I DOMAINS

Half of integrin α subunits contain a domain of about 200 amino acids known as an inserted (I) domain, or a von Willebrand factor A domain (Figure 1). In integrins in which it is present, the α I domain is the major or exclusive ligand-binding site. In this review, we begin with the α I domain because it serves as a paradigm for understanding conformational regulation and ligand binding for all

Figure 1
The 24 integrin heterodimers. The α subunits with α I domains are asterisked. Integrin heterodimers on immune cells are shown with red lines.
Table 1  Integrins on leukocytes

<table>
<thead>
<tr>
<th>Integrin</th>
<th>Distribution</th>
<th>Ligand</th>
</tr>
</thead>
<tbody>
<tr>
<td>αLβ2, LFA-1, CD11a/CD18</td>
<td>Lymphocytes, NK cells, monocytes, macrophages, dendritic cells, neutrophils</td>
<td>ICAM-1, -2, -3, -5</td>
</tr>
<tr>
<td>αMβ2, Mac-1, CR3, CD11b/CD18</td>
<td>Monocytes, macrophages, neutrophils, NK cells</td>
<td>iC3b, fibrinogen, heparin, many others</td>
</tr>
<tr>
<td>αLβ2, αMβ2, CR4, CD11c/CD18</td>
<td>Monocytes, macrophages, NK cells, dendritic cells</td>
<td>iC3b, fibrinogen, heparin, many others</td>
</tr>
<tr>
<td>αDβ2</td>
<td>Monocytes, macrophages, eosinophils, neutrophils</td>
<td>ICAM-3, VCAM-1</td>
</tr>
<tr>
<td>α4β1, VLA-4, CD49d/CD29</td>
<td>Lymphocytes, monocytes, eosinophils</td>
<td>VCAM-1, fibronectin</td>
</tr>
<tr>
<td>α4β7, LPAM-1</td>
<td>Lymphocytes, monocytes, NK cells</td>
<td>MALCAM-1, fibronectin</td>
</tr>
<tr>
<td>αEβ7, HML-1</td>
<td>Intra-epithelial T lymphocytes</td>
<td>E-cadherin</td>
</tr>
<tr>
<td>αLβ1, VLA-1, CD49a/CD29</td>
<td>Long-term activated T lymphocytes, B lymphocytes, monocytes</td>
<td>Collagen</td>
</tr>
<tr>
<td>α2β1, VLA-2, GPIa, CD49b/CD29</td>
<td>Long-term activated T lymphocytes, B lymphocytes, monocytes</td>
<td>Collagen</td>
</tr>
<tr>
<td>α5β1, VLA-5, CD49e/CD29</td>
<td>T lymphocytes, monocytes</td>
<td>Fibronectin</td>
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<tr>
<td>α6β1, VLA-6, GPIc, CD49f/CD29</td>
<td>T lymphocytes, monocytes</td>
<td>Laminin</td>
</tr>
</tbody>
</table>

* From References 126–128.

Only leukocytes are listed. The β1 integrins are all expressed on nonhematopoietic cells, and α2β1 and α6β1 are expressed on platelets.

* Only major ligands are listed.

Integrins. Subsequently, we describe the complex ectodomain architecture shared by all integrins, including 12 different domains, one of which in the β subunit is homologous to the α I domain.

α I Domain Structure

The α I domain can be expressed independently of other integrin domains and was the first domain to be crystallized (4). Several structures of α I domains bound to ligands are now available, including the α2 I domain bound to a triple-helical collagen peptide (5) and αL. α I domains with mutationally introduced disulfide bonds bound to intercellular adhesion molecule (ICAM)-1 and ICAM-3 (6, 7) (Figure 2). The α I domain adopts the dinucleotide-binding or Rossmann fold, with α-helices surrounding a central β-sheet (Figure 2), β-strands and α-helices tend to alternate in the secondary structure, with the α-helices wrapping around the domain in counterclockwise order when viewed from the “top” face. A divalent cation-binding site, which physiologically binds Mg2+, defines the top face of the domain. The bound Mg2+ is ligated by five side chains located in three different loops (Figure 3). The first of these loops, between β-strand 1 and α-helix 1, i.e., the β1-α1 loop, contains three coordinating residues in a sequence that is a signature of I domains, Asp-Xaa-Ser-Xaa-Ser or DXSXS. The second loop donates a coordinating Thr residue, and the third loop donates an Asp. Divalent cations are universally required for ligand binding by integrins, and in α I domains the metal-coordinating residues, and the residues surrounding the metal-binding site, are important for ligand binding. Therefore, this site has been designated the metal ion–dependent adhesion site (MIDAS).

Conformational Regulation of α I Domains

Structural studies of α I domains in the presence and absence of ligand, and with mutations that stabilize distinct affinity states,
Figure 2
A mutant, high-affinity αL I domain (gold β-sheet and coil and green α-helices) in complex with domain 1 of ICAM-3 (cyan). The Mg$^{2+}$ is shown as a gray sphere. The side chain of the key integrin-binding residue, Glu37 of ICAM-3, is shown. The mutationally introduced K287C/K294C disulfide bond that stabilizes the open conformation is shown in pink. ICAM-3 domain 2 is omitted for clarity. [From Protein Data Bank (PDB) ID code 1T0P (7).]

have provided a mechanistic understanding of conformational regulation during both priming and ligand binding. I domains have been crystallized in three distinct conformations, termed closed, intermediate, and open (4–6, 8). These demonstrate distinct coordination of the metal in the MIDAS, arrangement of the β6-α7 loop, and axial disposition of the C-terminal α7-helix along the side of the I domain (5, 6, 8) (Figure 4a). At the αI domain MIDAS, five residues and several water molecules contribute oxygen atoms to the primary and secondary coordination spheres surrounding the metal (Figure 3). In the open conformation of the MIDAS, two serines and one threonine are in the primary coordination sphere, whereas two aspartic acid residues are in the secondary coordination sphere (Figure 3b). Notably, the glutamic acid residue, which is contributed by the ligand or ligand-mimetic lattice contact, donates the only negatively charged oxygen to the primary coordination sphere in the open conformation (E314 in Figure 3b). The lack of any charged group in the primary coordination sphere donated by the I domain is hypothesized to enhance the strength of the metal-ligand bond. In the closed conformation of the αI domain (Figure 3a), the threonine moves from the primary to the secondary coordination sphere, and one of the aspartic acid residues moves from the secondary to the primary coordination sphere. The backbone and side chain rearrangements in the αI domain are accompanied by a 2.3 Å “sideways” movement of the metal ion away from the threonine and toward the aspartic acid on the opposite side of the coordination shell. The closed and open structures are consistent with the idea that an energetically favorable MIDAS requires at least one primary coordination to a negatively charged oxygen. In the absence of a ligand, pseudoligand, and the remainder of the integrin ectodomain, wild-type αI domains crystallize in the closed conformation. The closed conformation therefore appears to be the low-energy conformation, as verified computationally (9). However, with an engineered disulfide bond that was designed to stabilize the open conformation, an αL I domain crystallized in the open conformation in the absence of a ligand-mimetic lattice contact (6). This demonstrates that, in principle, interactions with other integrin domains might be capable of stabilizing an unliganded I domain in the open conformation and activating or priming it for ligand binding.

Change in coordination at the MIDAS of αI domains is coupled to backbone movements of loops that bear the coordinating residues. Several of these loops, including the
β1-α1 and β4-α5 loops, also bear residues that directly contact ligand, and thus their movement increases complementarity to ligand. To accommodate these rearrangements, the β6-α7 loop undergoes the largest shift of all, although it is not a MIDAS loop nor does it contact ligand. Coupled to the β6-α7 loop rearrangement, the C-terminal α7-helix moves 7 Å down the side of the domain (Figure 4a). The axial displacement of the α7-helix represents the critical linkage for transmission of conformational signals between the MIDAS of the αI domain and other integrin domains, as discussed below. Engineered disulfide bonds that stabilize the α7-helix in intermediate and open conformations (shifted axially downward by approximately 3 Å or 7 Å relative to the closed conformation, respectively) induced rearrangements in the MIDAS and surrounding loops that were coupled to 500- and 10,000-fold increases in affinity for ICAM-1, respectively (6). As mentioned above, the downward movement of the α7-helix is sufficient for priming the αI domain into higher-affinity states. Crystal structures have been obtained of intermediate- and high-affinity mutant αL I domains both in the absence and presence of ligands (6, 7). For example, Figure 2 shows a complex between ICAM-3 and a high-affinity αL I domain mutant with a disulfide bond introduced into the β6-α7 loop to stabilize the open conformation. Conversely, binding of wild-type I domains to ligand at the extremely high, ~mM, concentrations used in crystallization can induce MIDAS rearrangements and downward displacement of the α7-helix (5). Thus, the transmission of inside-out and outside-in signaling within the I domain occurs along the same pathway but flows in opposite directions.

The ability to modulate affinity by 10,000-fold demonstrates the exquisite efficiency of the αI domain in coupling change in conformation to change in affinity. Remarkably, through directed evolution an engineered αL I domain mutant (F265S/F292G) was recently obtained with an increase of 200,000-fold in affinity for ICAM-1 (10). However, whether αI domains achieve such high affinities for ligands under physiological conditions is unknown. A high-affinity state of integrins on intact cells can be induced by addition of Mn²⁺, which, as reviewed below, increases integrin affinity by replacing Ca²⁺ at the ADMIDAS site of the β1 I domain.

ADMIDAS: adjacent to metal ion–dependent adhesion site
Figure 4
Conformational change and transmission of allostery by α and β I domains. (a) The α I domain. Nonmoving segments of the backbone are shown as a gray worm. The moving segments of the backbone and the MIDAS metal ions are closed (gold) and open (cyan). The direction of movement is indicated with arrows. [From PDB ID codes 1JLM and 1IDO (4, 8).] (b) The β I domain and its linkage to the hybrid and plexin/sephorin/integrin (PSI) domain. Nonmoving segments of the β I backbone are shown as a gray worm. Moving segments and metal ions are color coded as shown. Directions of α1- and α7-helix movements are shown with arrows. [PDB ID codes are 1U8C, 1L5G, and 1TXV (32, 36, 40).]

Interestingly, activation of integrin adhesiveness on intact cells by physiologic stimuli appears to result in lower affinity than that induced by Mn$^{2+}$. Therefore, investigators have hypothesized that an intermediate conformational state with intermediate affinity for ligand is important for physiologic, fine-tuned regulation of αLβ2 adhesiveness (11). Molecular dynamic studies showed that the intermediate conformation of the α I domain is on the pathway from the closed to the open conformation of the αL and αM I domains (12).

A monoclonal antibody (mAb), AL-57, has been developed by phage display that selectively targets the high-affinity open conformation of the αL I domain (13, 14). AL-57 does not bind the low-affinity state of leukocyte function–associated antigen (LFA)-1 (αLβ2) but does bind the intermediate- and high-affinity states of the αL I domain with
K_D of 4.7 μM and 23 nM, respectively. AL-57 is ligand-mimetic because it binds only upon activation and requires Mg^{2+} for binding. Interestingly, monovalent Fab AL-57 demonstrates affinity increases on a subset (~10%) of lymphocyte cell surface LFA-1 molecules upon stimulation with chemokine CXCL-12 and PMA (phorbol 12-myristate 13-acetate). These results are consistent with observations on Mac-1 on neutrophils (15) and suggest that after physiologic activation a subset of cell surface Mac-1 molecules on neutrophils and LFA-1 molecules on lymphocytes are converted to a higher-affinity state. This active subset of molecules mediates adhesion because the antibodies specific for this subset of 10% to 30% of surface molecules completely inhibit cell adhesion.

**Allosteric α I Domain Inhibitors**

Small molecule allosteric inhibitors provide further support for the role of the α7-helix in α I domain regulation. One class of small molecule inhibitors, termed α I allosteric antagonists, binds underneath the C-terminal α-helix of the αL I domain (16–18). Such antagonists stabilize the closed conformation of the I domain by preventing downward axial shift of the α7-helix and thereby preventing MIDAS rearrangements necessary for efficient ligand binding. The mode of action of these antagonists is confirmed by the finding that a mutant αL I domain that stabilizes the high-affinity, open conformation of the C-terminal α7-helix with an engineered disulfide bond is resistant to inhibition by α I allosteric antagonists (11, 19, 20).

**Ligand Recognition by α I Domains**

Ligand recognition by α I domains has been elucidated by crystal structures of the α2 I domain in complex with a triple-helical collagenous peptide (5) and the αL I domain in complex with ICAM-1 and ICAM-3 (6, 7). ICAM-1, -2, -3, -4, and -5 are cell surface molecules with 2 to 9 IgSF domains (Figure 5). They share much more sequence identity with one another (30% to 50%) than with other IgSF molecules and thus comprise a subfamily of the Ig superfamily. Except for ICAM-4, they all bind to αLβ2 through a key glutamic acid residue in domain 1 (21). The order of binding affinities for αLβ2 is ICAM-1 > ICAM-2 > ICAM-3 (11). In the structure of the αL I domain bound to ICAM-1 (6) or ICAM-3 (7), Glu-34 (ICAM-1) or Glu-37 (ICAM-3) at the end of the β-strand C of domain 1 forms a direct coordination to the Mg^{2+} in the α I domain MIDAS (Figure 2). This metal-coordination bond is surrounded by a ring of hydrophobic residues in both the α I domain and ICAM-1. The surrounding nonpolar environment strengthens the Coulombic interaction between the Glu and Mg^{2+}. Surrounding the hydrophobic ring are polar interactions involving hydrogen bonds and salt bridges. The nonpolar region in ICAM-1 is more polar in ICAM-3 and appears to account for the lower affinity of αLβ2 for ICAM-3 than for ICAM-1 (7). In support of this finding, increasing the hydrophobicity of the nonpolar ring even further in ICAM-1 by structure-guided mutagenesis increases the affinity of αLβ2 for ICAM-1 (22). ICAM-1 and ICAM-3 dock in the same orientation to the αL I domain, and the structure of ICAM-2 (23) suggests an essentially identical docking mechanism.

The structure of the αL I domain bound to a portion of ICAM-1 (6) combined with a complementary structure containing the remaining portion of ICAM-1 (24) have provided a topological view of the αLβ2-ICAM-1 interaction as it might take place during cell-cell interactions (Figure 5b). αLβ2- and αMβ2-binding sites on ICAM-1 are located on D1 and D3, respectively. ICAM-1 exists on the cell surface predominantly as a homodimer (25, 26). Relatively strong but reversible dimerization takes place in D4 by merging of the β-sheets of two D4 domains into β-supersheats, as revealed by an ICAM-1 D3-D5 crystal structure (24). An apparently weaker hydrophobic dimerization
interface in D1 has been revealed in different crystal structures, including the ICAM-1 D1-D2 complex with the αL I domain (6). Together, the αL I domain-ICAM-1 D1-D2 and the ICAM-1 D3-D5 structures show that ICAM-1 dimers are Y-shaped and that the dimeric interface at D4 and D5 provides a rigid stem to orient D1-D3 optimally for binding integrins on opposing cell surfaces (24) (Figure 5a). Furthermore, dimerization at D1 could link neighboring Y-shaped dimers yielding a one-dimensional array of ICAM-1 molecules on the cell surface (Figure 5b), which has an architecture appropriate for displaying the αLβ2-binding site in D1 and the αMβ2-binding site in D3 for recognition by integrins on an opposing cell (24).

In contrast to αLβ2, the αMβ2 and αXβ2 integrins bind to a range of diverse ligands, including ICAMs, fibrinogen, iC3b, heparin, and denatured and proteolyzed proteins (27–29). Proteolysis and denaturation enhance
The ligand-binding head

The N-terminal region of the integrin α subunit contains seven segments of about 60 amino acids, each with weak sequence similarity to one another. These were initially predicted (37) and later confirmed by crystal structures (31, 36) to fold into a seven-bladed β-propeller domain. When present, the α I domain is inserted between β-sheets 2 and 3 of the β-propeller (Figure 6a,b). An inserted domain in the β subunit, the β I domain, is homologous to the α I domain, except that it contains two additional segments; one of these helps form the interface with the β-propeller and the other is known as the specificity-determining loop (SDL) because of its role in ligand binding (Figure 6a,b and Figure 7c).

One side of the β I domain binds to the upper hub of the β-propeller domain directly over the pseudosymmetry axis of the β-propeller (Figure 7c). The extensive interface, which buries 1700 Å² of solvent-accessible surface area on each side, is much greater than any other domain-domain interface in integrins, including interfaces between domains that are contiguous in sequence in the α and β subunits. Mutations in the β2 I domain that disrupt this interface cause leukocyte adhesion deficiency (38, 39). The opposite, lower face of the α subunit β-propeller domain is stabilized by Ca²⁺ ions that bind to Ca²⁺-binding β-hairpin motifs (Figure 7b,c). Like the α I domain, the β I domain contains a MIDAS for binding negatively charged residues, which physiologically binds Mg²⁺ (36). Additionally, there are two adjacent metal ion–binding sites, which physiologically bind Ca²⁺ (36),

INTEGRIN GLOBAL TOPOLOGY

A complete understanding of integrin regulation requires knowledge of how conformational information is transmitted through the many domains that link the ligand-binding domains to the transmembrane and cytoplasmic domains. Both the integrin α and β subunits are type I transmembrane glycoproteins with large extracellular domains, single-spanning transmembrane domains, and, with the exception of β4, short cytoplasmic domains (Figure 6a,b). From electron microscopy (EM), investigators have known for years that the overall topology of integrins included an extracellular, globular, N-terminal ligand-binding head domain, representing a critical α and β subunit interface, standing on two long and extended C-terminal legs or stalks, which connect to the transmembrane and cytoplasmic domains of each subunit (30).

However, X-ray crystal structures of the extracellular domain of the integrin αVβ3 provided the surprising finding that the legs were severely bent, generating a V-shaped topology in which the head domain was closely juxtaposed to the membrane-proximal portions of the legs (31, 32) (Figure 6c and Figure 7a). Since the elucidation of these initial structures, an increasing number of studies have together established that the bent conformation represents the physiological low-affinity state, whereas priming and ligand binding are associated with a large-scale global conformational rearrangement in which the integrin extends with a switchblade-like motion (33–36) (Figure 6c,d). The most recent studies have elucidated the detailed mechanisms for linking these global rearrangements to intradomain conformational changes that are associated with affinity modulation and ligand binding.

The Ligand-Binding Head

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β directly coordinates the mimetic Arg-Gly-Asp (RGD) sequences bind across the αβ subunit interface in the head (Figure 7c,d). The Asp carboxyl group directly coordinates the β I domain MIDAS Mg²⁺ ion, whereas the Arg side chain hydrogen binds to Asp residues in the αV or α IIb β-propeller domains (Figure 7d). The binding site for macromolecular ligands is larger. Residues shown by mutagenesis to be important for binding to fibrinogen (smaller spheres, Figure 7c) decorate the cap subdomain of the β-propeller (in Figure 7c, green), the remainder of the β-propeller (magenta), and the β I domain (cyan). The cap subdomain is formed by several insertions that are unusually long in α IIb β-propeller domain β-sheets (blades) 2 and 3. The ligand-binding site in the β-propeller is formed largely by β-sheets 2 and 3, which lie opposite the ligand-binding MIDAS and SDL of the β I domain.

The α and β Subunit Legs

In the α subunit, the region C-terminal to the β-propeller comprises the leg of the α subunit and contains three β-sandwich domains. The upper leg contains the thigh domain and the lower leg consists of the calf-1 and calf-2 domains. A small Ca²⁺-binding loop located between the thigh and calf-1 domains represents the α subunit genu, the key pivot point for switchblade extension in the α subunit (Figure 6 and Figure 7a).

The topology of the β subunit is more complex. The β I domain is inserted in the hybrid domain, which forms the upper portion of the upper β leg (Figure 6a,b). In turn, the hybrid domain is inserted in the plexin/semaphorin/integrin (PSI) domain (Figure 6a,b). The second segment of the PSI domain is very short but can be assigned as part of the PSI domain because it contains β3-Cys435, which is involved in a long-range disulfide bond to β3-Cys11 in the first segment of the PSI domain, and this disulfide is structurally conserved in other PSI domains (36, 40, 41).

The remainder of the β leg is built from four integrin epidermal growth factor–like (I-EGF) domains and a β tail domain. I-EGF domains 1 and 2 were not resolved in the αVβ3 crystal structure. However, an NMR structure of β2 I-EGF3 and studies on I-EGF2 and I-EGF3 established an extended orientation between these domains. Furthermore, a structure of the β2 PSI, hybrid, and I-EGF1 domains has been solved (41). Superposition of these structures on the bent αVβ3 structure establishes that the bend in the β leg, or knee, is located between I-EGF domains 1 and 2, as suggested earlier (42). The PSI and I-EGF1 domains are located side by side (Figure 6b). The bends in the α leg at the genu and in the β leg between I-EGF1 and I-EGF2 are located close to one another and in a geometry appropriate so that extension can occur by pivoting of the headpiece about an axis through the α and β subunit knees (Figure 6c,d), as shown by EM studies (33, 43). Consistent with these
Figure 7
Crystal structures of integrins αVβ3 and αIIbβ3. (a) The structure of αVβ3 in the bent conformation. The αV and β3 subunits are colored in green and red, respectively. (b) Superposition of liganded-open αIIbβ3 and unliganded-closed αVβ3 headpieces. The α and β subunits are colored in green and yellow in αVβ3 and in purple and light blue in αIIbβ3. Calcium and magnesium ions in αIIbβ3 only are gold and gray spheres, respectively. (c) The drug tirofiban is shown bound to the αIIbβ3 head, and mapping is shown of fibrinogen binding–sensitive mutations. The clinically approved antagonist tirofiban is shown with yellow carbons, blue nitrogens, and red oxygens. The cap subdomain of the β-propeller is in green. Ca2+ and Mg2+ ions are large gold and gray spheres, respectively. Cβ atoms of fibrinogen binding–sensitive residues are shown as small spheres in the same color as the domains in which they are present. Disulfide bonds are yellow cylinders. (d) The binding of eptifibatide to αIIbβ3 interface is depicted. The fragment of eptifibatide that mimics RGD is shown as a stick model with carbon, nitrogen, and oxygen colored yellow, blue, and red, respectively. The binding pocket is shown with αIIb and β3 in purple and light blue, respectively. Hydrogen bonds are shown as gray dashed lines. Ca2+ and Mg2+ are gold and gray spheres, respectively. The coordinations to the metal ions are shown as green dashed lines. [Structure PDB ID codes are, for αVβ3, 1U8C (40); for αIIbβ3 bound to eptifibatide, 1TY6; and for αIIbβ3 bound to tirofiban, 1TY5 (36).]
findings, many antibodies that either activate or report activation in cell surface integrins map to the PSI and β I-EGF domains (44–47). Furthermore, αL antibodies that report extension map to the inner face of the thigh domain and require genu Ca2+-coordinating residues for binding and thereby provide evidence that integrin extension occurs by a rearrangement at the thigh/genu interface (48).

**CONFORMATIONAL REGULATION OF INTEGRIN EXTRACELLULAR DOMAINS**

Conformational Activation of β I Domains

In the bent conformation, the ligand-binding site is not in an optimal orientation for binding macromolecular ligands in the extracellular matrix or on the surface of other cells (Figure 6a,b). However, integrins in the bent conformation can bind ligands, as clearly shown by soaking an RGD ligand-mimetic peptide into preformed crystals (32). Ligand binding induced movements in the β1-α1 and β6-α7 loops (liganded-closed conformation, Figure 4b). However, downward displacement of the α7-helix was not seen (32).

When an αIibβ3 headpiece was first mixed with ligand-mimetic drugs, and then crystals were allowed to form, a different conformation, termed liganded-open, was obtained (36). In the high-affinity, liganded-open β I domain, compared with the low-affinity, unliganded-closed β I domain, marked movements occur of the β1-α1 and β6-α7 loops and of the α1- and α7-helices (Figure 4b). Coordination of the Met335 backbone carbonyl in the β6-α7 loop to the ADMIDAS Ca2+ ion in the low-affinity, unliganded conformation is broken in the high-affinity, liganded conformation. This enables the ADMIDAS metal and residues in the β1-α1 loop that coordinate to both the ADMIDAS and MIDAS metals to shift markedly, remodel the ligand-binding site, and increase affinity for ligand. These movements are tightly cou-

**Effects of Mn2+ and Ca2+**

Compared with results in the physiologic divalent cations Mg2+ and Ca2+, which are present at ~1 mM in body fluids, addition of Mn2+ or removal of Ca2+ increases ligand-binding affinity and adhesiveness of almost all integrins. Recent studies show that binding of metal ions to the LIMBS and ADMIDAS sites can explain these effects (49, 50). Mutational studies show that the LIMBS functions as a negative regulatory site, and the ADMIDAS functions as a positive regulatory site (49–51). Additionally, in α5β1 and αLβ2 integrins, the ADMIDAS functions in transmission of allostery between the β I domain and other domains (50, 51). For most integrins, Ca2+ has both positive and negative regulatory effects. High concentrations of Ca2+ inhibit adhesion, whereas low concentrations of Ca2+ synergize with suboptimal Mg2+ concentrations to support adhesion. The LIMBS mediates the synergistic effects of low Ca2+ concentrations (49, 50), whereas the ADMIDAS mediates the negative regulatory effects of higher Ca2+ concentrations, which are competed by Mn2+ (49).

**Communication Between the α I and β I Domains**

Conformational regulation of integrins containing an α I domain requires the additional step of transmission of allostery from the β I
domain to the α I domain (Figure 6d). An invariant Glu residue, E-310 in αL, in the linker between the C-terminal α7-helix of the α I domain and β-sheet 3 of the β-propeller domain is required for α I domain activation (52, 53). It has been proposed that this invariant Glu residue acts as an intrinsic ligand and binds to the β I MIDAS when it is activated and that it exerts a downward pull on the α7-helix and activates the α I domain (53, 54) (Figure 8a). Yang et al. (54) provided direct evidence for an activating interaction between αL residue 310 and the β2 MIDAS. Individual mutation of the αL linker residue Glu-310 or β2 MIDAS residue Ala-210 to cysteine abolishes I domain activation, whereas the double mutation of αL-E310C with β2-A210C forms a disulfide bond that constitutively activates ligand binding (104).

Figure 8
Communication between α I and β I domains. (a) It has been proposed that αL-Glu-310 acts as an intrinsic ligand that binds to the β2 I domain MIDAS and, thus, axially displaces the αL I domain α7-helix in the C-terminal direction, reshapes the β6-α7 loop, and activates the αL I domain MIDAS. (b) Individual mutation of αL-Glu-310 or β2-Ala-210 to cysteine abolishes I domain activation, whereas the double mutation of αL-E310C with β2-A210C forms a disulfide bond that constitutively activates ligand binding (104).
**α/β I Domain Allosteric Antagonists**

Small molecule integrin antagonists have yielded further insight into the mechanisms for α I–β I communication. A class of αLβ2 and αMβ2 small molecule antagonists perturbs the interface between the α I domain and the β I domain (55–57). These antagonists do not inhibit binding of isolated wild-type or mutant intermediate- or high-affinity α I domains to ICAM-1 (56). Furthermore, these inhibitors bind to αLβ2 even when the α I domain is deleted, but do not bind when the β I domain MIDAS is mutated (56). Some but not all compounds of the series exhibit α subunit selectivity, suggesting that a portion of the α subunit nearby the β I domain, likely the β-propeller domain or its linkers to the α I domain, is involved in binding. Therefore, these inhibitors have been designated as α/β I domain allosteric antagonists.

These antagonists apparently bind to the MIDAS of the β2 I domain, competitively inhibit binding of the intrinsic ligand in the α I domain linker, and thus leave the α I domain in its default low-energy, inactive, closed conformation. At the same time, the α/β I allosteric antagonists mimic intrinsic ligand binding and thereby stabilize the β I domain in its active configuration, as shown by induction of activation epitopes in the β2 I domain, as well as the αL and β2 legs (56). The antagonists induce integrin extension as shown in EM studies (43). In in vitro shear flow assays and in vivo, the antagonists enhance rolling of leukocytes and inhibit firm adhesion (57). These results on ICAM-1 substrates suggest that the postulated αL Glu-310–β2 MIDAS interaction is not required for rolling adhesion, in agreement with the ability of isolated, wild-type αL I domains to support rolling adhesion (58, 59), but is required for firm adhesion. LFA-1 containing an αL Glu-310 → Ala mutation shows lowered expression of activation epitopes in the β2 I domain and leg, demonstrating cooperativity between the postulated αL Glu-310–β2 MIDAS interaction and conformational rearrangements elsewhere in the LFA-1 molecule. This mutant is also deficient in supporting rolling interactions on ICAM-1 substrates. However, treatment of αL Glu-310 LFA-1 mutants with α/β I allosteric antagonists induces epitope exposure and renders them competent to support rolling, consistent with the hypothesis that these antagonists bind to the same site to which αL Glu-310 binds (59).

**Hybrid Domain Swing-Out and Integrin Extension**

The orientation between the β I and hybrid domains appears to be the critical translator converting global conformational change into local intradomain conformational changes that regulate integrin affinity for ligand (see Figure 4b and Figure 6c,d). As a consequence of the topology of insertion of the β I domain in the hybrid domain, the piston-like displacement of the α7-helix in the high-affinity, liganded structure results in complete remodeling of the interface between these domains, leading to the swing-out of the hybrid domain (36) (Figure 4b). Actually, the α7-helix functions more like a connecting rod than a piston because as it moves downward, its angle changes (Figure 4b), like a connecting rod between a piston and a crankshaft. This forces rotation about a crankshaft bearing (circled in Figure 4b) between the last β-strand of the hybrid domain and the first β-strand of the β I domain. Note the structural design of this machine: Hydrogen bonds in α-helices are all internal, allowing them to move independently of other structural units, whereas the three other connecting units between the β I and hybrid domains are β-strands, which are fixed in position within β-sheets by hydrogen bonds. Therefore, there is little compliance in the central β I domain β-sheet or the two hybrid domain β-sheets. This enables the rearrangement of the loops around the β I domain MIDAS to be transmitted as a 60˚ swing of the hybrid domain away from the α subunit and a 70 Å movement.
of the rigidly connected PSI domain, i.e., a 70 Å separation of the integrin knees (36, 41) (Figure 4b).

Three major integrin conformations have been resolved by crystal and EM studies (Figure 6c,d). The bent conformation contains a closed headpiece (31). The hybrid domain is highly buried in the interfaces that stabilize the bent structure, and therefore its swing-out destabilizes the bent conformation (33). By contrast, the extended integrin conformation is compatible with both closed and open headpiece conformations (33, 43) (Figure 6c,d and Figure 9a,b). The influence on equilibration between these states has been studied of a flexible, C-terminal clasp fused to the C termini of the α and β subunit ectodomains, which mimics association between the α and β subunit transmembrane domains (33, 43). Whereas clasped αVβ3 or αXβ2 particles are predominantly in the bent conformation (see panel 1 of both Figure 9a and b), unclasped particles are predominantly extended. For αVβ3 and αXβ2, about half of unclasped, extended particles have the closed headpiece (see panel 2 of both Figure 9a and b) and half have the open headpiece (see panel 3 of both Figure 9a and b) (33, 43). Therefore, once these integrins extend, the energies of the closed and open headpiece conformations must be comparable. However, the energetics for conformational transitions appear to vary among integrins, as exemplified with αLβ2. Thus, clasped αLβ2 shows about equal proportions of bent and extended particles, and unclasped αLβ2 particles adopt predominantly the closed headpiece, with a smaller proportion of particles having the open headpiece (43).

A large number of studies are in agreement with the three integrin conformational states described above and support the importance of hybrid domain swing-out in inducing high affinity for ligand. EM studies of the α5β1 headpiece show that hybrid domain swing-out occurs upon binding fibronectin fragments (34). Electron tomography of negatively stained, active, detergent-soluble αIIbβ3 purified on an RGD peptide affinity column reveals an extended conformation with >90% of particles showing an open headpiece structure that matches perfectly (60) the open, liganded αIIbβ3 headpiece crystal structure (36). In addition to structural investigations (33, 34, 36, 43, 60,
integrin hybrid domain swing-out is supported by a range of other studies. Stabilizing the open headpiece by mutationally introducing an N-glycosylation site into the hybrid-β1 domain interface increases ligand-binding affinity (62, 63). As shown by epitope mapping and EM, an allosteric β1 antibody that inhibits ligand binding restricts the swing-out of the hybrid domain (63). The functional properties of an inhibitory β2 mAb suggest it also inhibits by blocking signal transmission at the β1-hybrid domain interface (64). Moreover, activation-dependent mAbs map to the inner face of the hybrid domain, consistent with exposure of this face after swing-out (65, 66), and specific mutations of the β1 domain α7-helix facilitate hybrid domain swing-out (65).

In contrast to the consensus in the above studies, an alternative deadbolt model (67) has received little experimental support, as reviewed in more detail elsewhere (68). The presumed deadbolt interface between β3 Val332 and Ser674 is extremely small, at 60 Å² (67), and a three-residue deletion of β3 residues 672–674 that removes this interface has no effect on ligand binding to cell surface integrins αVβ3 and αIIbβ3 (J. Zhu, B. Luo & T.A. Springer, unpublished observation). One negative-stain EM study found that ligand binding to αVβ3 did not induce extension (69); however, much greater particle aggregation was present than in other studies and must have complicated the analysis.

The use of functionally well-characterized antibodies in EM experiments has provided definitive evidence that integrin extension occurs on intact cells in response to physiologic stimuli and is sufficient to activate integrin adhesiveness (43). Extensive, physiologically relevant studies of β2 integrins on intact cells have shown that CBR LFA-1/2 Fab induce complete conversion to the extended conformation (43) (Figure 9c, panels 1–3). Furthermore, KIM127 Fab bound only when extension was induced by another agent such as CBR LFA-1/2 Fab or an α/β allosteric antagonist. In combination with the following cited functional studies, the EM study (43) established that (a) extension is sufficient to activate ligand-binding competence by β2 integrins (35, 45, 54, 72–76, 78), (b) ligand-bound β2 integrins on cell surfaces are extended (70, 71), (c) binding to soluble ligand induces extension (57), and (d) extracellular activation of integrins by Mn²⁺ and inside-out activation of integrins stimulated by protein kinase C or cytoplasmic domain mutations induce the extended conformation in the absence of ligand binding (35, 45, 75).

When viewed in combination, the crystal and EM studies demonstrate two structurally linked mechanisms for activating integrin adhesiveness. First, extension moves the ligand-binding head 100 Å to 200 Å further away from the cell surface and orients it optimally for adhesion to another cell or to the extracellular matrix. Second, extension enables hybrid domain swing-out, which induces increased affinity for ligand.

The Compliant Integrin Legs

The design of the connecting rod and crankshaft bearing between the β I and hybrid domains and the rigidity of the hybrid domain/PSI domain unit amplify reshaping of the ligand-binding site into a 70 Å separation at the integrin knees. Such a large movement appears to be important for transmission of conformational change to the transmembrane and cytoplasmic domains because the β leg in particular is highly compliant, i.e., flexible. Below, we discuss the role of integrin α and β subunit transmembrane domain separation in activation. Transmembrane domain
separation, extension, and hybrid domain swing-out are linked; however, this linkage is not tight because of the flexibility of the lower β leg. When extended αVβ3 or αXβ2 particles are imaged and class averaged, the domains in the lower β leg tend to disappear because they appear in different orientations and are averaged out (33, 43) (panels 2 and 3 in both Figure 9a and b). Fab binding results in better resolution of the lower β leg, both in clasped (Figure 9c, panels 1–3) and unclasped preparations (Figure 9c, panel 4). Both parallel and crossed orientations of the α and β legs are seen (Figure 9c, panels 1 and 2, respectively), and the β leg is clearly flexible above the Fab-binding sites in I-EGF domains 2 and 3, i.e., at the knee between I-EGF1 and I-EGF2, and appears to be flexible at other locations as well. This flexibility is symbolized with the dashed β legs in Figure 6c,d. In αVβ3 the α leg snaps into a preferred orientation when it is extended (33) (Figure 9a, panels 2 and 3). In αXβ2 the extended α leg is flexible at the genu (43) (Figure 9b,c).

CONFORMATIONAL CHANGE OF THE INTEGRIN CYTOPLASMIC AND TRANSMEMBRANE DOMAINS

In the bent αVβ3 crystal structure, the α and β subunit ectodomain C termini are a few angstroms apart (31), consistent with association of the α and β subunit transmembrane domains. Ectodomain constructs with the C termini clasped have lower affinity for ligand than unclasped constructs (79). Many studies show that deletions or mutations in the α and β subunit transmembrane and cytoplasmic domains, which are expected to destabilize α/β association, activate integrins (80–83). Furthermore, replacement of the αL and β2 cytoplasmic domains with ACID/BASE peptides that form a heterodimeric α-helical coiled-coil stabilizes αLβ2 in an inactive state, whereas replacement with similar peptides that do not heterodimerize causes constitutive activation of αLβ2 (84). Fluorescent proteins were fused to the αL and β2 cytoplasmic domains for fluorescent resonance energy transfer (FRET) studies. These studies on live cells show that in the resting state the integrin α and β subunit cytoplasmic domains are close to one another (35). However, they undergo significant spatial separation upon inside-out activation induced by stimulation of protein kinase C, stimulation by a chemoattractant of a G protein–coupled receptor, or transfection with the talin head domain, which binds the integrin β cytoplasmic domain. Furthermore, extracellular addition of Mn2+ and soluble ICAM-1, which induces integrin extension as shown by exposure of the KIM127 epitope, also induces α and β subunit cytoplasmic domain separation (35).

NMR studies of the integrin cytoplasmic tails suggest that their association is weak, with significant differences between published structures of associated cytoplasmic domains (85, 86) or with undetectable association between α and β subunit cytoplasmic domains (87, 88). These studies imply that the cytoplasmic interaction is modest and/or transient and that other domains are required for stable α and β association. Binding of intracellular proteins such as RAPL (89) and the talin head domain (90–92) to the integrin cytoplasmic tails activates integrins for ligand binding, presumably by disrupting α and β association. Other proteins also bind to the cytoplasmic tails, including filamin, which competes with talin for binding to the β tail and modulates cell migration (93), and ICAP-1, which binds to the same motif as talin and has a related fold (94). The structural basis for talin and filamin binding to the integrin β cytoplasmic domain has been demonstrated by NMR and crystal studies (91, 95, 96).

Mutational studies have defined interfaces on the integrin α and β subunit transmembrane domains that, when substituted, result in activation (97–100). Furthermore, disulfide scanning of the exofacial portions of
the transmembrane domains revealed a specific α-helical interface between the α and β transmembrane domains in the resting state (97). Disulfide scanning also revealed that after activation from inside the cell, the α and β subunits moved apart in the membrane instead of rearranging into a distinct α/β interface.

A MODEL FOR BIDIRECTIONAL SIGNAL TRANSMISSION BY INTEGRINS ACROSS THE PLASMA MEMBRANE

Based on the preponderance of the results described above, the following model is evident. Integrins are in equilibrium between different conformational states (Figure 6c,d). The bent conformation is stabilized by interfaces between the headpiece and the lower legs, between the lower α and β legs (33), and between the α and β transmembrane and cytoplasmic domains. However, none of these interfaces is tight, and small perturbations can readily shift the equilibrium toward extension and separation. Perturbation of the cytoplasmic domains by mutation or by binding of the talin head domain or other effector proteins induces separation of the cytoplasmic and transmembrane domains. This in turn results in separation of the α and β lower legs. Lower leg separation destabilizes the interface between the lower legs and the headpiece and results in integrin extension. Transmembrane domain separation would favor the open over the closed headpiece because the upper α and β legs are 70 Å further apart in the open than the closed headpiece. However, because the lower β leg is highly flexible, transmembrane domain and lower leg separation and extension would not be sufficient to enforce hybrid domain swing-out (compare panel 2 of Figure 6c or d (with dashed β leg) with panel 3 of Figure 6c or d (with solid β leg)). EM studies and results with activation-dependent antibodies demonstrate that extension is sufficient to induce integrin adhesiveness and to enable a substantial proportion of integrin molecules to equilibrate to the high-affinity, open headpiece conformation. The set point for the equilibria between bent and extended conformations and between extended open headpiece and extended closed headpiece conformations is integrin dependent (43) and may help explain differences between integrins in their susceptibility to activation (101).

The mechnochemical design of integrins favors extension and hybrid domain swing-out when integrins function in adhesion. The distance in the β subunit between the ligand-binding site and the I-EGF1 domain is 20 Å further (Δx) in the open than in the closed headpiece conformation (see Figure 4b). Therefore, in cell migration or as a consequence of cytoskeleton contraction, when tensile force (F) is exerted on a ligand-bound integrin and resisted by cytoskeletal proteins bound to the β subunit cytoplasmic domain, the open headpiece conformation will be stabilized relative to the closed headpiece by approximately FΔx. Notably, the extended conformation would similarly be favored over the bent conformation and has a substantially greater Δx. Thus, a mechnochemical switch favors the high-affinity state when tensile force is applied to integrins, and this is expected to be of great importance for force resistance and mechanotransduction by integrins during cell adhesion and migration (102). This mechnochemical design stabilizes the high-affinity state when tensile force is applied to selectins and integrin α I domains as well, and the importance of how force is linked to allostery has been experimentally demonstrated for α I domains (103).

Conformational change can also be transmitted from the integrin ligand-binding site to the cytoplasm, as demonstrated with FRET (35). Which integrin conformation first binds ligand is unknown and may depend on (a) the rate of equilibration between different conformational states, (b) the population of the...
different states, and (c) the binding kinetics and affinities of the different states. However, the preponderance of EM and crystal structure studies demonstrates that once ligand is bound, it stabilizes the extended conformation with the open headpiece. Swing-out of the hybrid domain would favor, but seems unlikely to enforce, transmembrane domain separation because of the flexibility of the lower β leg (compare integrins with dashed and solid β legs in panel 3 of Figure 6c or d). In agreement, a disulfide bond between the exofacial portions of the α and β subunit transmembrane domains does not prevent extracellular agents such as Mn^{2+} and antibodies from activating ligand binding, although it does prevent intracellular signals from activating ligand binding (97). It seems likely that the stability of α and β subunit transmembrane and cytoplasmic domain association is low, and that in the absence of close association between the α and β ectodomain C-terminal segments, the transmembrane and cytoplasmic domains spontaneously dissociate and thereby transmit signals into the cell.

**Role and Regulation of Integrin Lateral Association**

As discussed above, conformational mechanisms for regulating integrin affinity have become relatively well established. However, the role and regulation of integrin lateral redistribution on the cell surface, often referred to as clustering, has remained unclear and controversial (104). Several early studies suggested a dominant and proactive role for integrin redistribution in the initiation or priming of cells for efficient ligand binding (105). In practice, such valency regulation (104) has usually been inferred when activators promote cell adhesion without promoting detectable soluble ligand binding. However, this appears to reflect a lack of sensitivity of assays to intermediate levels of affinity, rather than a lack of affinity regulation. Recent improvements in soluble ligand-binding assays and studies with Fabs specific for the high-affinity conformation have clearly demonstrated rapid and transient integrin affinity regulation in response to chemokines (14, 106–108). Furthermore, sensitive assays often demonstrate that physiological stimuli normally induce markedly less soluble ligand binding than Mn^{2+} (109), which has been commonly employed as a positive control for affinity regulation.

The idea of clustering as a mode of priming implies proactive and directed mechanisms for lateral redistribution (110). Vesicular trafficking (111, 112) and Rap1- and RAPL-driven polarization of integrins to the lamellapodium (89, 113) represent important active modes of integrin reorganization that take place during cell migration. However, mechanistic support for active reorganization of integrins during the initial stages of priming remains tenuous. On the basis of the observation that peptides containing integrin α and β subunit transmembrane domains form homodimers and homotrimer in detergent, investigators have proposed that homomeric association between the transmembrane domains can induce integrin clustering (114). However, several subsequent studies in intact cells have shown that homomeric α-α or β-β association does not occur as a consequence of integrin priming and dissociation of αβ transmembrane domain heterodimers (75, 98). Other studies have implied a role for cholesterol-rich lipid rafts in driving integrin clustering, but this has remained controversial (104).

Many of the ideas on activation-induced integrin clustering have been replaced by an emerging model of multivalent ligand-dependent, mass-action-driven integrin redistribution that is modulated by the cytoskeleton (104). On resting cells β2 integrin mobility is confined by cytoskeletal interactions with the cytoplasmic tail (115). Cell activation by PMA or chemokine increases LFA-1 diffusion on the membrane (106, 116). Moreover, artificially increasing LFA-1
diffusiveness by actin cytoskeleton disruption enhances both mobility and adhesion (116). However, redistribution or clustering of integrins was not induced directly by treatments that increased membrane mobility alone, and redistribution was, instead, dependent on the presence of multivalent ligand substrates, suggesting a ligand- and mass-action-driven redistribution model that functions in adhesion strengthening rather than in priming (75, 117). Complexity is added to this model by findings that LFA-1 (118, 119) and other integrins (120) become confined upon ligand binding or stabilization of the open integrin conformation and that diffusion rates may depend on affinity states (121).

**Integrin Outside-In Signaling**

Binding of extracellular ligands by integrins results in signal transduction across the plasma membrane that regulates cell shape, migration, growth, and survival, a process termed outside-in signaling. Details of the many signaling pathways emanating from integrins are beyond the scope of this review, and readers are referred to several recent and extensive reviews (122–125). Investigators widely believe that lateral association (i.e., clustering) of integrin heterodimers, which occurs as a consequence of multivalent ligand binding (75, 117), plays a major role in outside-in signaling (see review in Reference 122). However, ligand binding can also directly lead to and stabilize separation of integrin cytoplasmic domains (35). To characterize the role of integrin conformational change (e.g., separation of the transmembrane and cytoplasmic domain interfaces) in outside-in signaling, a mutant with an intersubunit disulfide bond between the α and β transmembrane domains (97) was studied. The α IIbβ3 mutant retains Mn2+-stimulated ligand binding as described above and mediates adhesion to fibrinogen substrates. However, this mutant exhibits a profound defect in adhesion-induced outside-in signaling as measured by cell spreading, actin stress fiber, focal adhesion formation, and focal adhesion kinase activation (J. Zhu, C. Carman, M. Kim, M. Shimaoka, T.A. Springer & B. Luo, unpublished observations). These defects in outside-in signaling were rescued by reduction of the intersubunit disulfide bond. Thus, separation of transmembrane domains is an important component of integrin outside-in signal transduction. The role of clustering might then be to facilitate interactions among different integrin-bound and focal adhesion–associated kinases to promote transphosphorylation/activation events in a fashion loosely analogous to the well-characterized paradigm of receptor tyrosine kinase subunit-subunit transactivation.

**CONCLUDING REMARKS**

Recent structural, biochemical, and biophysical studies have greatly advanced our understanding of the mechanisms of integrin bidirectional signaling across the plasma membrane. Indeed, perhaps more is known about how integrins transmit signals across the membrane than for any other receptors with two transmembrane domains, including receptor kinases. Accumulating evidence demonstrates that conformational affinity regulation plays a dominant role in integrin priming (inside-out signaling), whereas lateral redistribution (clustering) functions in adhesion strengthening, and both integrin conformational change and clustering are required for outside-in signaling. The many different conformational states of integrins are in dynamic equilibrium. Intracellular signals or ligand binding act by shifting the equilibrium, not by locking integrins in one specific state. Furthermore, inside-out signals activate only a subset of integrin molecules on the cell surface, and these may have a localized cell surface distribution. Much more remains to be learned about integrin structure, dynamics, and linkage to the cytoskeleton and both downstream and upstream effectors.
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Contents

Frontispiece
Peter C. Doherty ................................................................. x

Challenged by Complexity: My Twentieth Century in Immunology
Peter C. Doherty ................................................................ 1

The Impact of Glycosylation on the Biological Function and Structure
of Human Immunoglobulins
James N. Arnold, Mark R. Wormald, Robert B. Sim, Pauline M. Rudd,
and Raymond A. Dwek ...................................................... 21

The Multiple Roles of Osteoclasts in Host Defense: Bone Remodeling
and Hematopoietic Stem Cell Mobilization
Orit Kollet, Ayelet Dar, and Tsvee Lapidot ........................................ 51

Flying Under the Radar: The Immunobiology of Hepatitis C
Lynn B. Dustin and Charles M. Rice ............................................. 71

Resolution Phase of Inflammation: Novel Endogenous
Anti-Inflammatory and Proresolving Lipid Mediators and Pathways
Charles N. Serhan ................................................................ 101

Immunobiology of Allogeneic Hematopoietic Stem Cell
Transplantation
Lisbeth A. Welniak, Bruce R. Blazar, and William J. Murphy ................. 139

Effector and Memory CTL Differentiation
Matthew A. Williams and Michael J. Bevan ........................................ 171

TSLP: An Epithelial Cell Cytokine that Regulates T Cell
Differentiation by Conditioning Dendritic Cell Maturation
Yong-Jun Liu, Vasilli Soumelis, Noribiko Watanabe, Tomoki Ito,
Yui-Hsi Wang, Rene de Waal Malefyt, Miyuki Omori, Baohua Zhou,
and Steven F. Ziegler ................................................................ 193

Discovery and Biology of IL-23 and IL-27: Related but Functionally
Distinct Regulators of Inflammation
Robert A. Kastelein, Christopher A. Hunter, and Daniel J. Cua .................. 221
Improving T Cell Therapy for Cancer
   Ann M. Leen, Cliona M. Rooney, and Aaron E. Foster .................. 243

Immunosuppressive Strategies that are Mediated by Tumor Cells
   Gabriel A. Rabinovich, Dmitry Gabrilovich, and Eduard M. Sotomayor .......... 267

The Biology of NKT Cells
   Albert Bendelac, Paul B. Savage, and Luc Teyton .................. 297

Regulation of Cellular and Humoral Immune Responses by the SLAM and SAP Families of Molecules
   Cindy S. Ma, Kim E. Nichols, and Stuart G. Tangye .................. 337

Mucosal Dendritic Cells
   Akiko Iwasaki ................................................................. 381

Immunologically Active Autoantigens: The Role of Toll-Like Receptors in the Development of Chronic Inflammatory Disease
   Ann Marsbak-Rothstein and Ian R. Rifkin .................. 419

The Immunobiology of SARS
   Jun Chen and Kanta Subbarao .......................................................... 443

Nonreceptor Protein-Tyrosine Phosphatases in Immune Cell Signaling
   Lily I. Pao, Karen Badour, Katherine A. Siminovitch, and Benjamin G. Neel ........ 473

Fc Receptor-Like Molecules
   Randall S. Davis ................................................................. 525

The Death Domain Superfamily in Intracellular Signaling of Apoptosis and Inflammation
   Hyun Ho Park, Yu-Chib Lo, Su-Chang Lin, Liwei Wang, Jin Kuk Yang, and Hao Wu ................................................................. 561

Cellular Responses to Viral Infection in Humans: Lessons from Epstein-Barr Virus
   Andrew D. Hislop, Graham S. Taylor, Delphine Sauce, and Alan B. Rickinson .... 587

Structural Basis of Integrin Regulation and Signaling
   Bing-Hao Luo, Christopher V. Carman, and Timothy A. Springer .................. 619

Zoned Out: Functional Mapping of Stromal Signaling Microenvironments in the Thymus
   Howard T. Petrie and Juan Carlos Zúñiga-Pflücker ........................................... 649

T Cells as a Self-Referential, Sensory Organ
   Mark M. Davis, Michelle Kroggaard, Morgan Huse, Johannes Huppa, Bjoern F. Lillemoe, and Qi-jing Li ................................................................. 681

The Host Defense of Drosophila melanogaster
   Bruno Lemaitre and Jules Hoffmann .......................................................... 697
Ontogeny of the Hematopoietic System
Ana Cumano and Isabelle Godin ........................................745

Chemokine:Receptor Structure, Interactions, and Antagonism
Samantha J. Allen, Susan E. Crown, and Tracy M. Handel ........787

IL-17 Family Cytokines and the Expanding Diversity of Effector
T Cell Lineages
Casey T. Weaver, Robin D. Hatton, Paul R. Mangan, and Laurie E. Harrington ...821

Indexes
Cumulative Index of Contributing Authors, Volumes 15–25 ..................853
Cumulative Index of Chapter Titles, Volumes 15–25 ............................860

Errata
An online log of corrections to Annual Review of Immunology chapters (if any, 1997 to
the present) may be found at http://immunol.annualreviews.org/errata.shtml